



Use this checklist as a guide during your consultation:

- □ Are you certified by the American Board of Plastic Surgery?
- □ Were you trained specifically in the field of plastic surgery?
- □ How many years of plastic surgery training have you had?
- Do you have hospital privileges to perform this procedure? If so, at which hospitals?
- Is the office-based surgical facility accredited by a nationally or state-recognized accrediting agency, or is it state-licensed or Medicare-certified?
- □ Am I a good candidate for this procedure?
- □ What will be expected of me to get the best results?
- □ Where and how will you perform my procedure?

- □ What surgical technique is recommended for me?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- □ What are the risks and complications associated with my procedure?
- \Box How are complications handled?
- □ How can I expect to look over time? After pregnancy?
- □ What are my options if I am dissatisfied with the cosmetic outcome of my procedure?
- Do you have before-and-after photos I can look at for this procedure and what results are reasonable for me?