

Top 5

Cosmetic Surgical Procedures for 2024

1

Liposuction

It's no surprise that liposuction still remains the number one cosmetic surgery procedure. ASPS Member Surgeons often provide liposuction as an additional option with procedures such as abdominoplasty (tummy tuck), breast augmentation and others.



2

Breast Augmentation

Breast augmentation has long been one of the most popular surgical procedures. Innovations in breast implant design and technology can offer a more natural look and feel, and may be helping to accelerate the trend of patients looking for lower-volume implants to give them a proportional look.



3

Abdominoplasty

Making an appearance in the top five for four consecutive years is the tummy tuck. Popular as part of a “mommy makeover” for postpartum mothers, the tummy tuck may continue to remain in a top spot because of increased interest in GLP-1 weight loss medications, such as Ozempic®.



4

Breast Lift

Elevating and reshaping the breasts while leaving the size unchanged, women often seek this procedure to restore the contour of their bust after pregnancy, breastfeeding, weight fluctuation or aging. It further focuses on improved symmetry and silhouette with minimal downtime and long-lasting results without implants.



5

Blepharoplasty

Making an appearance in the top five for a third year in a row, blepharoplasty (eyelid surgery) remains a popular way to refresh the face. It removes excess skin, fat and tissue that can weigh down the eyes, giving patients a rested and refreshed aesthetic. Depending on their goals, patients can focus on the upper or lower eyelids – or both.



Trend to Watch: Facelift

A facelift can't stop aging, but it can refresh the face. A procedure once seemingly reserved for older generations, now younger patients, especially in Gen X, are reportedly increasingly using it to stay ahead of visible aging. The rising popularity of the facelift may be because of GLP-1 medications, such as Ozempic®. The rapid weight loss brought on by these drugs can deplete volume in the face, leading some patients to seek a facelift to restore a more youthful appearance.