# **Top 5 Cosmetic Minimally Invasive Procedures for 2022**



### **1. Neuromodulator Injections**

These injections, commonly know by their brand names as Botox<sup>®</sup>, Dysport<sup>®</sup>, Xeomin<sup>®</sup> and Jeuveau<sup>®</sup>, remain the most popular minimally invasive procedure. This procedure This procedure works by stopping the facial muscles from contracting, giving a temporary smoothness to facial wrinkles like crow's feet, frown lines and forehead lines caused by routine facial movements.



#### 2. Soft Tissue Fillers/HA Fillers

Second in popularity are hyaluronic acid injectable fillers such as Juvederm Ultra<sup>®</sup>, Ultra Plus<sup>®</sup>, Voluma<sup>®</sup>, Volbella<sup>®</sup>, Vollure<sup>®</sup>, Restylane Lyft<sup>®</sup>, Restylane Silk<sup>®</sup>, Belotero<sup>®</sup>, Bolvella<sup>®</sup> and Restylane<sup>®</sup>. They temporarily restore volume and smooth out wrinkles and fine lines in the face without incisions. Results are immediate, and the recovery time is short.

### **3. Skin Resurfacing**

These procedures remove the top layer of skin in various ways to stimulate the growth of new, healthier and more youthful-looking skin, giving patients a more radiant complexion. Methods include dermabrasion, chemical peels, lasers and microdermabrasion. They improve the appearance and texture of skin leaving it tightened and rejuvenated.



#### **4. Skin Treatments**

Skin treatments can help solve a variety of concerns in a minimally invasive way. Combination laser treatments use different wavelengths to address multiple skin issues simultaneously, offering a comprehensive approach to skin rejuvenation. Intense Pulsed Light (IPL) treatments improve skin tone and texture by targeting pigmentation irregularities, redness or sun damage.

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## 5. Lip Augmentation

This procedure is growing in popularity, allowing patients a minimally invasive way to enhance the volume and shape of their lips with filler. The filler is expertly injected by a qualified injector to achieve a natural and customizable transformation, temporarily resulting in plumper and more defined contours. Results are often immediate, and the recovery period is brief.