# **Top 5 Reconstructive Procedures for 2022**



#### **1. Tumor Removal**

Tumor removal keeps its top spot. This procedure eliminates abnormal growths or masses which may be cancerous, including skin cancer, or benign. A skilled plastic surgeon extracts the tumor while leaving surrounding healthy tissue intact. Tumor removal addresses not just the immediate health concerns of the patient but also leads to better long-term outcomes and improved quality of life.



### 2. Hand Surgery

Hand surgery moved up three spots to second place on the Top 5 list. This procedure is a specialized field of plastic surgery that treats and rehabilitates conditions affecting the hand, wrist and forearm, such as arthritis, carpel tunnel syndrome and trigger finger.



#### **3. Breast Reconstruction**

Breast reconstruction appears for the first time in the Top 5. This procedure restores form to the breasts post-mastectomy and has been shown to improve self-esteem and aid in positive body image after undergoing breast cancer diagnosis, treatments or other medical conditions.



## 4. Maxillofacial

Maxillofacial remains fourth on the Top 5 list. This reconstructive surgery restores both form and function to one of the body's most visible features – the face and jaw. It helps restore or improve essential functions such as speaking, chewing, swallowing and breathing.



## 5. Scar Revision

Scar revision drops two spots on the Top 5. Scars can affect a person physically, functionally and psychologically. Plastic surgeons can minimize the visibility of scars and improve their texture, giving a more natural appearance to the skin. Scar revision can also improve mobility and relieve discomfort.