Top 5 Reconstructive Procedures for 2023



1. Tumor Removal

Tumor removal eliminates abnormal growths or masses which may be cancerous or benign. A skilled plastic surgeon extracts the tumor while leaving the surrounding healthy tissue intact. Tumor removal addresses not just the immediate health concerns of the patient but also leads to better long-term outcomes and improved quality of life.



2. Hand Surgery

Hand surgery moved up three spots to second place on the 2023 Top 5 list. This procedure is a specialized field of plastic surgery that treats and rehabilitates conditions affecting the hand, wrist and forearm, such as arthritis, carpel tunnel syndrome and trigger finger.



3. Breast Reconstruction

Breast reconstruction appears on the Top 5 for the second year in a row. This procedure restores form to the breasts post-mastectomy and has been shown to improve self-esteem and aid in positive body image after undergoing breast cancer diagnosis, treatments or other medical conditions.



4. Maxillofacial Surgery

Maxillofacial surgery restores both form and function to two of the body's most visible features – the face and jaw. It helps rebuild or improve essential functions such as speaking, chewing, swallowing and breathing.



5. Scar Revision

Scars can affect a person physically, functionally and psychologically. Plastic surgeons can minimize the visibility of scars and improve their texture, giving a more natural appearance to the skin. Scar revision can also improve mobility and relieve discomfort.